



*Atlanta Health Systems helps employers prevent illness, injury, and turnover by empowering employees to resolve the challenge of rising healthcare costs and manage their own health.*



### **Specialties**

- Reducing healthcare utilization
- Using the healthcare system more efficiently
- Working cooperatively to obtain reduction on health, workers compensation, or stop-loss premiums
- Building an organizational culture that supports self-management
- Improving health status and reducing health risks
- Maximizing productivity and performance



Atlanta Health System's mission is to assist businesses and organizations in reducing healthcare costs and improving job performance.

We achieve this by consulting with management to develop organizational systems that support employees in managing their own health. We also train employees in health and performance technologies to give them the tools, skills and motivation to maintain their optimal level of health and performance.

The most important product we offer is exceptional customer service. We are personally invested in becoming an integral part of our clients' success strategy. Our no-risk guarantee is that all of our programs and services will directly address our clients' stated needs, industry issues and be presented in a professional and impactful way.

### **Atlanta Health Systems**

Contact: **404-636-9437**

Fax: **888-489-8486**

Email:

**[katie@atlantahealthsys.com](mailto:katie@atlantahealthsys.com)**

Website:

**[www.atlantahealthsys.com](http://www.atlantahealthsys.com)**



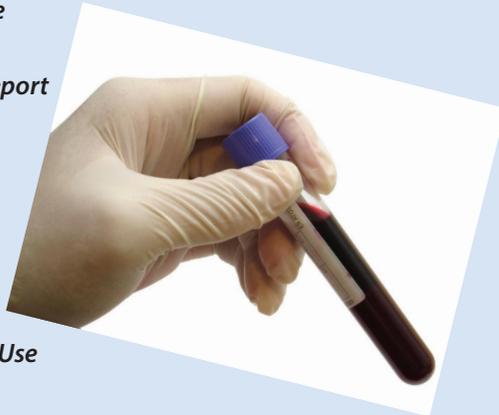
*Bringing  
Exceptional  
Health and  
Performance  
to the  
Workplace*



## Health Screenings and Health Fairs

Our RN's and LPN's provide professional, private onsite Health Screenings and they can include any of the following:

- **Heart - Total Cholesterol, HDL, LDL, Triglycerides and Ratio**
- **Body Composition - Height, Weight, Waist, Body Mass Index, and Body Fat %**
- **Diabetes - Fasting or Non-Fasting blood glucose, A1c**
- **Blood Pressure**
- **Employer Aggregate Report**
- **C-Reactive Protein**
- **Thyroid - TSH**
- **Prostate - PSA**
- **Smoking Cessation and Tobacco Use Testing**
- **Allergy Testing**
- **Bone Density Testing**



- **Dermaview Scan (skin cancer)**
- **Flu, Pneumonia, Tetanus Vaccinations**
- **Drug Screenings**
- **Health Coaching (Onsite or Tele-Coaching)**
- **Health Fairs**



## Affordable Lunch and Learns, Seminars or Webinars

We offer a range of certified, knowledgeable wellness experts such as health coaches, nutritionists, physical trainers, MD's, dermatologists and chiropractors. Some of our most popular topics are:

- **Nutrition and Weight Management**
- **Cooking Quick and Healthy**
- **Fitness in the Workplace**
- **Smoking Cessation**
- **Safety and Injury Prevention**
- **Stress Management**
- **Overcoming Barriers to Healthy Lifestyle Changes**
- **Self Care Strategies for Reducing Diabetes Risk**
- **...and more**



## T-SPOT<sup>®</sup> TB THE EASY TB TEST

### The Easy Tuberculosis Test

We are now offering T-Spot.TB blood test screenings. This easy blood test replaces the TST/PPD skin test (Mantoux test), bringing effective TB testing to many new patient groups where the skin test gives poor or unreliable results. The T-SPOT.TB test is the only blood test for tuberculosis that has demonstrated in a pivotal clinical study both sensitivity and specificity exceeding 95% and reliability in all at-risk groups. It does not cross react with the BCG vaccine and there is no association between T-SPOT.TB blood test results and immunocompromised status.

## Comprehensive Wellness Programs

Our consultants will facilitate an onsite or online program that includes some of these amazing features:

- **Online portal and app personalized with your company logo, mission statement, etc.**
- **Company wide health challenges and goals**
- **Recipes and Healthy Eating Tips**
- **Pedometers that sync directly to your company's app**
- **Online food delivery service that is customized to each individual**
- **Health Coaching support**
- **Incentives and Prizes**
- **Team Building events**
- **and more...**



## Data Management and Reporting

To ensure the accuracy and privacy of all biometric screening data, we use a data match system that includes: first name, last name, date of birth, and Employee ID#. If requested, we can transfer the biometric data to a third party vendor. Our Data Program Manager will coordinate with the appropriate contact at the organization and agree on file format, security method for transferring the data and an upload schedule.

After the screening, each participant will immediately receive a detailed pamphlet explaining their results. This can also be customized with corporate challenges and internal health benefits. Each employer will also receive a HIPAA-compliant Aggregate Report in five business days or less.